

Atleet	Cat	Disc	Goud	Zilver	Brons
Marc Desmet	M50	400mH	66"24		
Kaatje Vanhonacker	W35	hoog	1m33		
Hilde Eryvn	W50	ver speer		4m27 22m95	
Ann Parmentier	W35	5000m		18'34.76	
Bart Vandewoestyne	M40	speer			33.21m
Els Soenens	W35	100m			13.91 w-3.5
Katrien Vansteenkiste	W50	hoog			1m15
Frederik Deschamps	M45	200m			27"00 w-0.3

## 5000 meter

Mas Dames w35-40-45 Uur=11:59

1	3801	Vanneste Charline	AVMO	17'30.64	W35	83	BK1	M35
2	3020	Van Herck Karen	WIBO	18'26.34	W45	70	BK1	W45
3	3060	Van Maldeghem Kristel	ACHL	18'31.04	W40	76	BK1	W40
4	4288	Detrez Martine	RFCL	18'31.19	W45	70	BK2	W45
<b>5</b>	<b>3034</b>	<b>Parmentier Ann</b>	<b>AZW</b>	<b>18'34.76</b>	<b>W35</b>	<b>79</b>	<b>BK2</b>	<b>W35</b>
6	3080	De Cupere Katleen	RCT	18'38.74	W35	80	BK3	W35
7	4207	Allen Gillian	WS	18'42.84	W40	76	BK2	W40
8	3577	Mox Kristien	DAC	18'51.56	W35	78		
9	3022	Heymans Kirsten	ZA	19'17.96	W35	79		
10	2951	Hindryckx Hilde	AVR	19'25.20	W40	76	BK3	W40
11	3361	Vanhessche Hilde	ASVO	19'31.37	W45	71	BK3	W45
12	2742	Willems Christ	KAAG	19'40.26	W45	68		
13	3550	De Vreese Elke	RIEM	20'04.80	W35	81		
14	3429	Van Bruyssel Jessica	AVLO	20'13.35	W40	77		
15	3203	Van Oosterwijck Nathalie	ATLA	20'28.45	W35	79		
16	3277	Van Bossche Marijke	RIEM	20'38.54	W40	77		
17	3276	Leune Yelva	RIEM	20'42.03	W40	78		
18	2998	Laeveren Kristien	SPBO	20'44.77	W40	77		
19	3807	't FELT Julie	ACP	21'05.26	W40	76		
20	2976	Van Lierde Lisbeth	ACG	21'11.21	W45	73		
21	3660	Bouve Fenna	BVAC	22'19.83	W35	78		
22	3193	Erkens Heidi	ATLA	23'02.06	W40	75		

## speerwerpen 800g M35...45 Mas Heren M45 Uur=10:25

1	5570	Beirens Peter	OLSE	47.44m	M45	73	BK1	M45
2	7606	Weiss Philipp	MALM	37.64m	M45	69	BK2	M45
3	5966	Baeke Patrick	RIEM	35.33m	M45	70	BK3	M45
4	5668	Delplace Alain	DAC	30.59m	M45	71		

## speerwerpen 800g M35...45 Mas Heren M35-M40 Uur=11:58

1	6279	De Zutter Johnny	RIEM	52.31m	M35	79	BK1	M35
2	4086	Aznag Zacarya	LOOI	49.99m	M35	79	BK2	M35
3	6098	De Preter Mathias	RAM	47.52m	M40	78	BK1	M40
4	6317	De Zutter Ricky	RIEM	45.35m	M35	81	BK3	M35
5	4433	Uyttenhove Davy	VS	42.05m	M35	80		
6	4178	Vleminckx Bart	SPBO	35.00m	M40	73	BK2	M40
<b>7</b>	<b>4516</b>	<b>Vandewoestyne Bart</b>	<b>AZW</b>	<b>33.21m</b>	<b>M40</b>	<b>78</b>	<b>BK3</b>	<b>M40</b>
8	4939	Constant Stefaan - 46	VOLH	15.62m	M40	77		

## 100 meter

Mas Dames W35 Uur=13:44

Reeks:1

Wind : -3.5

1	3770	Balabkina Evgenia	LOOI	13.24	W35	82	BK1	W35
2	2945	De Corte Lynn	OB	13.48	W35	80	BK2	W35
<b>3</b>	<b>3810</b>	<b>Soenens Els</b>	<b>AZW</b>	<b>13.91</b>	<b>W35</b>	<b>80</b>	<b>BK3</b>	<b>W35</b>
4	3243	Koninckx Xenia	LIER	14.26	W35	78		
5	3148	Van Belle Carmen	STAX	14.38	W35	81		

## 1500 meter

Mas Heren M60+ Uur=14:06

1	4702	Heyde Lucien	ACME	5'17.57	M60	56	BK1	M60
2	4362	Pittevils Luc	LOOI	5'24.29	M65	52	BK1	M65
3	7639	Ebertzheim Alain	ACLO	5'27.48	M65	51	BK2	M65
4	5060	Leyseele Erik	BEHO	5'29.24	M70	48	BK1	M70
5	4306	Devoldere Gilbert	AVMO	5'30.43	M60	56	BK2	M60
6	4220	Arnoets Paul	ROBA	5'33.34	M65	51	BK3	M65
7	6599	Fievez Pierre	RIWA	5'33.88	M60	56	BK3	M60
8	7214	Despontin Luc	RCB	5'34.22	M70	48	BK2	M70
9	6383	Bastien Philippe	RCB	5'52.13	M60	55		
10	5262	Van Noten Omer	ROBA	6'09.43	M70	47	BK3	M70
11	5413	Janssens Herman	GRIM	6'18.84	M75	40	B1	M75
12	5169	Telier Gaston	DEIN	6'35.52	M70	44		

13	5981	De Pauw Rudy	ACHL	6'56.03	M70	46	
1500 meter Mas Heren M45 Uur=17:12							
1	4217	Grymonpon Joost	ROBA	4'18.47	M45	69	BK1 M45
2	5731	Colpaert Christophe	KKS	4'19.00	M45	72	BK2 M45
3	7167	Vandeputte Eddy	MALM	4'21.93	M45	71	BK3 M45
4	5689	Gardeyn Koen	EA	4'35.82	M45	71	
<b>5</b>	<b>4505</b>	<b>Declercq Tom</b>	<b>AZW</b>	<b>4'35.84</b>	<b>M45</b>	<b>72</b>	
6	5536	Alleman Dominique	MACW	4'39.77	M45	72	
7	5545	Collin Frédéric	ACP	4'41.61	M45	69	
8	5148	Vranken Wim	BVAC	4'41.88	M45	68	
<b>9</b>	<b>5986</b>	<b>Demeestere Lieven</b>	<b>AZW</b>	<b>4'44.19</b>	<b>M45</b>	<b>72</b>	
10	5318	Pieters Lieven	MACW	4'57.71	M45	68	
11	7448	Kartobi Redouane°	CSF	5'24.80	M45	69	
12	5414	Deneys Dirk	VITA	5'33.41	M45	73	
4928	Borghoms Luc	ATLA	NA	M45	71		
1500 meter Mas Heren M40 Uur=14:28							
1	5738	Verschoren Bart	DAC	4'18.82	M40	77	BK1 M40
2	4476	Herman Wim	WIBO	4'19.37	M40	74	BK2 M40
3	4530	Segers Davy	DCLA	4'20.19	M40	77	BK3 M40
4	5363	Torbeyns Bert	RCT	4'20.59	M40	75	
5	4675	Hendrickx Wannès	VMOL	4'25.20	M40	78	
6	4965	Clerinx Raf	ATLA	4'27.39	M40	77	
7	3859	Spinnael Steve	LOND	4'28.59	M40	77	
8	4246	Binnemans Koen	VMOL	4'38.93	M40	76	
9	7098	Mahe Yann°	CSF	4'39.36	M40	77	
10	4485	Choab Mustapha	WIBO	4'44.82	M40	73	
11	7276	Poncelet Xavier	CABW	4'46.49	M40	75	
12	6514	Dutrifoy Jean-Baptiste	UAC	5'08.33	M40	76	
6305	De Croo Hans	ZA	NA	M40	74		
1500 meter Mas Heren M35 Uur=14:43							
1	4303	Declerck Misha	AVMO	3'57.86	M35	82	BK1 M35
2	3901	Hendrickx Tomas	ARAC	4'03.77	M35	81	BK2 M35
3	6253	Roels Jonas	LAT	4'06.28	M35	83	BK3 M35
4	7608	Vandamme Bram	RESC	4'07.47	M35	80	
5	4443	Verhaert Gerry	HULS	4'12.37	M35	82	
<b>6</b>	<b>4507</b>	<b>Deschodt Bert</b>	<b>AZW</b>	<b>4'13.97</b>	<b>M35</b>	<b>81</b>	
7	6920	Cailleau Benjamin	OSGA	4'20.47	M35	80	
8	6107	Lazou Mathieu	FLAC	4'20.60	M35	79	
9	4820	Verhaege Sven	VOLH	4'21.71	M35	80	
10	6425	Dehu Damien	CABW	4'23.56	M35	83	
11	4252	Rusch Sven	VMOL	4'38.46	M35	80	
12	4640	Moens David	RIEM	4'40.62	M35	79	
13	6490	Wittemans Freek	WACO	4'42.25	M35	80	
14	6669	Van der Auwermeulen Jean-	CSF	4'44.15	M35	78	
15	6415	Gemen Xavier	UAC	4'50.40	M35	82	
16	7071	Somville Sebastien	UAC	4'54.62	M35	81	
hoogspringen Mas Dames W35+ Uur=16:41							
1	4236	Denisty Danièle	WS	1.36m	W50	66	BK1 W50
<b>2</b>	<b>3805</b>	<b>Vanhonacker Kaatje</b>	<b>AZW</b>	<b>1.33m</b>	<b>W35</b>	<b>80</b>	<b>BK1 W35</b>
3	2907	De Greef Greetje	RAM	1.27m	W50	65	BK2 W50
4	3632	Algoet Ann	AVLO	1.24m	W55	63	BK1 W55
5	4336	Henkinbrant Pascale	SMAC	1.21m	W40	74	BK1 W40
<b>6</b>	<b>3037</b>	<b>Vansteenkiste Katrien</b>	<b>AZW</b>	<b>1.15m</b>	<b>W50</b>	<b>65</b>	<b>BK3 W50</b>
7	4049	Joannes Claire	DAMP	1.06m	W70	46	BK1 W70
7	3146	Rogiers Conny	ASVO	1.06m	W55	62	BK2 W55
9	4152	Marneffe Anne-Marie	HUY	1.03m	W55	61	BK3 W55
10	4154	Bonazza Isabelle	HUY	0.90m	W45	68	BK1 W45
10	3104	Tanghe Jeannine	AVR	0.90m	W65	50	BK1 W65
300m horden 0,686m M70+ Mas Heren M70 Uur=13:31							
1	4046	Hulsmans Pierre	LOOI	74.63	M70	45	BK1 M70
300m horden 0,762m Mas Dames W50-W55 Uur=13:33							
1	2907	De Greef Greetje	RAM	55.22	W50	65	BK1 W50
300m horden 0,762m M60+ Mas Heren M60-M65 Uur=13:37							
1	5449	Bollens Jacques	ACKO	52.83	M60	57	BK1 M60
2	7371	Delplancq Daniel	ACLO	53.78	M60	58	BK2 M60
3	5286	Pelgrims Edouard	ACA	54.94	M60	55	BK3 M60
4	5377	Adriaensen Joan	ACHL	58.85	M65	51	BK1 M65
5	5583	Van Impe Frank	BVAC	61.56	M65	50	BK2 M65
400mH 0,84m M50,M55 Mas Heren M55 Uur=14:01							
1	4671	Beckers Serge	RAM	81.60	M55	62	BK1 M55
2	6206	De Craene Patrick	AVMO	2'10.64	M55	63	BK2 M55
400mH 0,84m M50,M55 Mas Heren M50 Uur=14:02							
Reeks:1							
<b>1</b>	<b>5877</b>	<b>Desmet Marc</b>	<b>AZW</b>	<b>66.24</b>	<b>M50</b>	<b>67</b>	<b>BK1 M50</b>

	2	4088	Van de Velde Herman	ZA	67.78	M50	65	BK3	M50	
	3	6558	Rausch Michel	DAMP	68.50	M50	65			
	4	4585	Van de Vreken Luc	AVKA	78.25	M50	64			
Reeks:2										
	1	4536	Van Damme Guy	HAMM	67.67	M50	64	BK2	M50	
	2	6513	Gobert Benoit	UAC	68.07	M50	67			
	3	4247	Vanuytven Maurice	VMOL	77.28	M50	65			
	4740	Roesbeke Rudy	FLAC	NA	M50	64				
400mH 0,914m M35...45			Mas Heren M45							Uur=14:06
	1	4112	De Smedt Serge	ATAC	68.77	M45	73	BK1	M45	
	2	7554	Duroisin Michael	RIWA	71.39	M45	70	BK2	M45	
	3	4865	Rijdant Pascal	ACG	75.63	M45	69	BK3	M45	
	4615	Herregodts Yves	VITA	NG	M45	70				
400mH 0,914m M35...45			Mas Heren M40							Uur=14:12
	1	4503	Carly Jan	FLAC	59.80	M40	78	BK1	M40	
	2	7441	Jara Antonio°	CABW	59.90	M40	76			
	3	5223	Jacobs Stijn	ACHL	72.02	M40	77	BK2	M40	
	4	5059	Leyseele Kurt	BEHO	73.19	M40	75	BK3	M40	
400mH 0,914m M35...45			Mas Heren M35							Uur=14:26
Reeks:1										
	1	4890	Thys Rob	ABES	58.71	M35	78	BK1	M35	
	2	4056	Permentier Johan	SPBO	67.88	M35	79	BK2	M35	
	3	5200	Schillewaert Dirk	LOOI	70.68	M35	82	BK3	M35	
verspringen			Mas Dames W50+							Uur=15:10
	1	4236	Denisty Danièle	WS	4.33m	+2.8	W50	66	4.13m	1.8
	<b>2</b>	<b>3033</b>	<b>Erwyn Hilde</b>	<b>AZW</b>	<b>4.27m</b>	<b>+0.8</b>	<b>W50</b>	<b>63</b>	<b>BK2 W50</b>	
	3	3261	Staut Hilde	VOLH	3.48m	+0.5	W55	61	BK1	W55
	4	4234	Vandenbroeck Martine	RIWA	3.21m	+2.1	W55	60	3.03m	0.3
	5	3434	Van der Vorst Ria	ACA	2.89m	+1.1	W65	48	BK1	W65
	6	3010	Van Lysebetten Els	ACW	2.79m	+3.1	W55	59	2.65m	0.9
	7	3104	Tanghe Jeannine	AVR	2.71m	+2.9	W65	50	2.45m	0.9
100 meter			Mas Heren M70+							Uur=14:40
Reeks:1										
			Wind : -1.4							
	1	5096	Lenoir Henri	OEH	16.54	M85	32	BK1	M85	
	2	4982	Van Impe Jean-Pierre	OEH	16.79	M80	37	BK1	M80	
	6043	Cornelis Gaston	AVKA	NG	M80	37				
100 meter			Mas Heren M70+							Uur=14:40
Reeks:2										
			Wind : 0.5							
	1	6205	Janssens André	RCG	16.05	M70	46	BK1	M70	
	2	5484	De Rocker Leopold	OB	16.83	M75	42	BK1	M75	
	3	4924	Verbeek Pieter*	AVLO	17.17	M70	43	BK2	M70	
	4	4936	Florin Paul	VOLH	19.93	M70	47	BK3	M70	
	5	5972	De Backer Ferdinand	LIER	22.27	M70	44			
	6	5867	Nevens Frans	SPVI	25.42	M75	40	BK2	M75	
	7	4859	De Coster Wilfried	ROBA	36.22	M75	43	BK3	M75	
100 meter			Mas Heren M60-M65							Uur=14:40
Reeks:1										
			Wind : -0.7							
	1	4916	Verhaegen Hugo	LIER	13.85	M65	51	BK1	M65	
	2	7473	Apostol Marian°	RCB	14.06	M65	52			
	3	4497	Thomaes Guido	ZWAT	14.19	M65	50	BK2	M65	
	4	7064	Kumps José	CSDY	14.41	M65	49	BK3	M65	
	5	6560	Laffineur Roger	ROCA	14.54	M65	52			
	6	6183	Goeyffers Freddy	EA	16.73	M65	52			
Reeks:2										
			Wind : 0.3							
	1	6953	Chenois Paul-Emile	CRAC	13.20	M60	56	BK1	M60	
	2	6931	Jeanmotte Daniel	OSGA	13.47	M60	56	BK2	M60	
	3	5753	Van Boven Walter	KAPE	13.97	M60	54	BK3	M60	
100 meter			Mas Heren M55							Uur=14:51
Reeks:1										
			Wind : 0.6							
	1	5794	Heylen Ronald	BRAB	12.89	M55	62	BK1	M55	
	2	6515	Fontaine Pascal	USTA	13.06	M55	61	BK2	M55	
	3	5598	Van Kerckhoven Daniel	VAC	13.08	M55	61	BK3	M55	
	4	6050	De Geest Andreas	LOOI	13.89	M55	59			
	5	6884	De Potter d'Indoye Benoît	CSDY	15.38	M55	60			
100 meter			Mas Heren M50							Uur=14:52
Reeks:1										
			Wind : -1.4							
	1	4667	Wonnink Johan	RAM	12.26	M50	65	BK1	M50	
	2	5176	Geenens Dieter	ASVO	12.37	M50	68	BK2	M50	
	3	7505	Poulain Philippe	CSDY	12.54	M50	66	BK3	M50	
	4	5798	Besson Marc	BRAB	12.54	M50	64			
	5	7457	Cabay Jean-Louis	SER	12.76	M50	65			
	6	4183	Cherlet Marc	KAAG	13.03	M50	68			
	7	5987	Bervoets Ronny	LOOI	13.59	M50	65			
	6955	Renkin Jean-Paul	HERV	NA	M50	64				

## 100 meter Mas Heren M45 Uur=14:52

Reeks:1 Wind : -2.3

1	6635	Fellemans Emmanuel	RESC	12.52	M45	70	BK1 M45
2	4865	Rijdant Pascal	ACG	12.65	M45	69	BK2 M45
3	4112	De Smedt Serge	ATAC	12.85	M45	73	BK3 M45
4	4830	Beirnaert Andy	AVLO	12.94	M45	69	
<b>5</b>	<b>4506</b>	<b>Deschamps Frederik</b>	<b>AZW</b>	<b>13.24</b>	<b>M45</b>	<b>72</b>	
6	4224	De Meulemeester Wim	ZWAT	13.49	M45	71	

## 100 meter Mas Heren M40 Uur=14:56

Reeks:1 Wind : -2.9

1	4715	De Vriese Christophe	ASVO	11.85	M40	78	BK1 M40
2	5315	Decatelle Kris	AVLO	12.04	M40	75	BK2 M40
3	4081	Vanspauwen Kristof	TACT	12.38	M40	73	BK3 M40
4	7485	De Roy Cédric	SER	12.53	M40	75	
5	7331	Thirion Emmanuel	HUY	12.61	M40	76	
6	5388	Vansteeger Gino	MACW	12.64	M40	76	
7	6818	Romedenne Pierre	ARCH	12.67	M40	76	
8	6729	Ackaert Noël	HUY	12.74	M40	73	

## 100 meter Mas Heren M35 Uur=15:05

Reeks:1 Wind : -1.6

1	7499	De Baerdemaker Xavier	SMAC	11.51	M35	81	BK1 M35
2	7387	Lefebvre Sylvain	USTA	12.04	M35	79	BK2 M35
3	4705	Vandenberg Wouter	ROBA	12.28	M35	79	BK3 M35
4	7458	Debattice Jean-Philippe	SER	13.43	M35	79	

## speerwerpen 500g W50^70 Mas Dames W50-W55 Uur=19:07

1	4236	Denisty Danièle	WS	29.78m	W50	66	BK1 W50
<b>2</b>	<b>3033</b>	<b>Ervyn Hilde</b>	<b>AZW</b>	<b>22.95m</b>	<b>W50</b>	<b>63</b>	<b>BK2 W50</b>
3	3200	Ezaitouni Aida	ATLA	22.25m	W50	67	BK3 W50
4	3560	Vos Ingrid	ACW	22.10m	W50	66	
5	3258	De Souter Kristel	VOLH	19.37m	W50	66	
6	3062	De Wolf Kathleen	RAM	17.69m	W50	67	
7	4152	Marneffe Anne-Marie	HUY	17.66m	W55	61	BK1 W55
8	3051	Eemans Inge	EA	16.22m	W55	63	BK2 W55
9	3146	Rogiers Conny	ASVO	13.68m	W55	62	BK3 W55
10	4234	Vandenbroeck Martine	RIWA	11.82m	W55	60	

## 200 meter Mas Heren M70+ Uur=17:26

Reeks:1 Wind : 1.1

1	4982	Van Impe Jean-Pierre	OEHE	37.67	M80	37	BK1 M80
2	5484	De Rocker Leopold	OB	39.54	M75	42	BK1 M75
3	6249	Cresis Felix	RCT	52.34	M85	33	BK1 M85
4	5647	Cornelis Lodewijk	VITA	57.02	M80	36	BK2 M80
5	5867	Nevens Frans	SPVI	59.18	M75	40	BK2 M75
6043		Cornelis Gaston	AVKA	NG	M80	37	

Reeks:2 Wind : 2.4

1	5060	Leyseele Erik	BEHO	32.04	M70	48	BK1 M70
2	6205	Janssens André	RCG	35.18	M70	46	BK2 M70
3	4924	Verbeek Pieter*	AVLO	36.28	M70	43	
4	5169	Telier Gaston	DEIN	40.52	M70	44	BK3 M70
5	5972	De Backer Ferdinand	LIER	49.07	M70	44	

## 200 meter Mas Heren M65 Uur=17:26

Reeks:1 Wind : 0.9

1	4916	Verhaegen Hugo	LIER	28.65	M65	51	BK1 M65
2	7473	Apostol Marian°	RCB	29.34	M65	52	
3	6560	Laffineur Roger	ROCA	29.82	M65	52	BK2 M65
4	7064	Kumps José	CSDY	30.17	M65	49	BK3 M65

## 200 meter Mas Heren M60 Uur=17:37

Reeks:1 Wind : 0.3

1	6953	Chenois Paul-Emile	CRAC	28.96	M60	56	BK1 M60
2	5753	Van Boven Walter	KAPE	29.48	M60	54	BK2 M60
3	6825	Alberton Dario	MOHA	29.98	M60	57	BK3 M60
4	4242	Van de Reijdt Jozef	VMOL	33.82	M60	55	
5	5296	Jansseune Dominique	MACW	35.11	M60	56	

## 200 meter Mas Heren M55 Uur=17:37

Reeks:1 Wind : 0.3

1	5794	Heylen Ronald	BRAB	26.43	M55	62	BK1 M55
2	5598	Van Kerckhoven Daniel	VAC	26.53	M55	61	BK2 M55
3	5054	Desplancke Rik	BEHO	28.10	M55	62	BK3 M55
4	9998	Goulddupuit David	FRA	29.30		00	
5	6884	De Potter d'Indoye Benoît	CSDY	34.27	M55	60	

## 200 meter Mas Heren M50 Uur=17:38

Reeks:1 Wind : 0.7

1	5176	Geenens Dieter	ASVO	25.10	M50	68	BK1 M50
2	5798	Besson Marc	BRAB	25.89	M50	64	BK2 M50
3	6087	Degrieter Johnny	VITA	25.93	M50	66	BK3 M50

4	7457	Cabay Jean-Louis		SER	26.23	M50	65
5	4183	Cherlet Marc		KAAG	26.26	M50	68
4355	Huwel Wim		ASVO	NA	M50	63	

200 meter Mas Heren M45 Uur=17:41

Reeks:1 Wind : -0.3

1	6635	Fellemans Emmanuel		RESC	25.64	M45	70	BK1 M45
2	4354	Coene Ronny		KAAG	26.98	M45	70	BK2 M45
<b>3</b>	<b>4506</b>	<b>Deschamps Frederik</b>		<b>AZW</b>	<b>27.00</b>	<b>M45</b>	<b>72</b>	<b>BK3 M45</b>
4	4224	De Meulemeester Wim		ZWAT	27.68	M45	71	
5	6630	Verriez Stephane		RESC	27.79	M45	70	

200 meter Mas Heren M40 Uur=17:48

Reeks:1 Wind : 0.5

1	7485	De Roy Cédrick		SER	24.75	M40	75	
2	4081	Vanspauwen Kristof		TACT	24.94	M40	73	
3	4024	Van Regenmortel Stefan		SGOL	25.83	M40	78	
4	6509	Dussart Vincent		UAC	25.90	M40	74	
5	4939	Constant Stefaan - 46		VOLH	26.27	M40	77	
6	6503	Bertrand Geoffroy		UAC	28.77	M40	77	
6786	Baudoin Henri		ARCH	NA	M40	76		

Reeks:2 Wind : 1.7

1	5315	Decatelle Kris		AVLO	23.85	M40	75	BK1 M40
2	4715	De Vriese Christophe		ASVO	24.22	M40	78	BK2 M40
3	5095	Gbedassi Codjo Romaric		OEH	24.41	M40	75	BK3 M40
<b>4</b>	<b>5207</b>	<b>Gevaert Niko</b>		<b>AZW</b>	<b>25.04</b>	<b>M40</b>	<b>78</b>	
5	7331	Thirion Emmanuel		HUY	25.30	M40	76	
6	5388	Vansteeger Gino		MACW	25.54	M40	76	
7	6818	Romedenne Pierre		ARCH	25.59	M40	76	

200 meter Mas Heren M35 Uur=17:59

Reeks:1 Wind : 1.6

1	7499	De Baerdemaker Xavier		SMAC	23.40	M35	81	BK1 M35
2	4705	Vandenberg Wouter		ROBA	24.79	M35	79	BK2 M35
3	7387	Lefebvre Sylvain		USTA	25.20	M35	79	BK3 M35
4	6453	Wanlin Sebastien		BBS	25.65	M35	81	
5	4269	Stevens Christophe		ADD	25.78	M35	81	